

Safe and Secure:

# PROMOTING EXCELLENCE WITHIN THE FIRST THOUSAND DAYS OF LIFE

An Interdisciplinary conference for maternal, perinatal, global health and public policy professionals.

**The most critical time** of human development is the first thousand days of life, from conception through the age of two. What occurs during these first 1,000 days can haunt a child for the remainder of their life. Malnutrition, birth difficulties, repetitive illnesses, substance abuse and relational based adverse childhood experiences can cause irreparable damage. The opposite also holds true. A healthy first 1,000 days establishes a solid platform for a child's physical, mental and relational health for the rest of their life.

**The challenge** of establishing a safe and secure platform for the first 1,000 days of life is cross-cutting, extending from the provision of skilled, respect-based obstetrical care to support of foundational relationships within families that create security and attachment for children. Within that challenge, we recognize the vulnerability of millions of women and children throughout the world: vulnerability that exists because of poverty, food insecurity, mental illness, and lack of skilled, life-saving obstetrical and newborn care.

## About

Community Physician Group, Maternal Fetal Medicine specialists, Drs. Bardett Fausett & Bradley Holbrook have partnered with Dr. George Mulcaire-Jones to bring local and international speakers to discuss healthcare challenges and successes from conception to the first two years of life in different parts of the world.

## Contact Hours: 7.25 hours

Community Medical Center is approved as a provider of continuing nursing education by the Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

## Registration

For more information and to register visit:  
[bit.do/communitymedfirst1000days](http://bit.do/communitymedfirst1000days)

## Date, Time & Location

Wednesday, June 13th | 8:30 am to 5:15 pm  
Sons of Norway Lodge | Missoula, Montana

## Agenda

- 8:30 Welcome and Introductions
- 8:45 The Thousand Day Imperative - George Mulcaire-Jones, MD
- 9:30 Couple Centered Development in Sub-Saharan Africa - Gonzaga and Paskazia Lubega, Uganda
- 10:15 Break with Sponsors
- 10:30 Nature and Nurture: Fetal Origins of Adult Disease - Bardett Fausett, MD, Community Physician Group
- 11:30 Panel Discussion from Missoula Refugee Community Members: Experiences of maternal and perinatal healthcare and recommendations for the first 1,000 days.
- 12:15 Lunch (provided)
- 1:00 Maternal Mortality - How and why do women still die in childbirth? - Brad Holbrook, MD, Community Physician Group
- 1:45 The role of ultrasound in reducing maternal and perinatal mortality in resource limited settings - Audrey Mendenhall, Sound Health Imaging
- 2:15 Break
- 2:30 Vulnerabilities, Assets and Opportunities within the 1st Thousand Days in Native America Populations - Ken Smoker, Health Promotion Director, Fort Peck
- 3:15 Priorities for Safe and Secure Care after birth - Bonnie Stephens, MD, Community Physician Group
- 4:00 Panel Discussion - Women's Experience of Birth and 1st 1000 Days: How can we make it better physically, emotionally and economically?
- 4:45 How do we make 1,000 days a priority in Montana and globally? Ideas and suggestions from conference participants.
- 4:55 Questions and evaluations



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Children's**  
AT COMMUNITY MEDICAL CENTER